

Reflection on my time management:

By being more assertive in managing MY time at work.....what might be some of the consequences for ME?

<p><i>By saying YES to:</i></p> <p>1.</p> <p>2.</p> <p>3.</p> <p>4.</p> <p>5.</p>	<p><i>I am saying NO to:</i></p> <p>1.</p> <p>2.</p> <p>3.</p> <p>4.</p> <p>5.</p>
<p><i>By saying NO to:</i></p> <p>1.</p> <p>2.</p> <p>3.</p> <p>4.</p> <p>5.</p>	<p><i>I am saying YES to:</i></p> <p>1.</p> <p>2.</p> <p>3.</p> <p>4.</p> <p>5.</p>